



Information Sheet

Find Your Fit (FYF) is a B.C.-wide interactive education program that offers students a hands-on way to experience WorkBC's labour market information tools and services. As part of the broader WorkBC program, the tour links youth with labour market information tools and services available through WorkBC.ca.

The tour offers an interactive and memorable experience for youth as they explore a selection of careers in demand in B.C. Guided by trained facilitators, students to test out the skills required to work in a range of in-demand occupations - including welding, carpentry, accounting and more. Throughout, the tour links students with WorkBC.ca so they can continue their exploration at home.

As part of B.C.'s Skills for Jobs Blueprint, the B.C. government has developed an action plan to meet future labour market demands. A big part of that plan is to give young people a clear and seamless path right from school through to the workplace through initiatives such as Find Your Fit.

Find Your Fit is designed for youth in grades 6 through 10 who are just beginning to think about a career path. It's also helpful for parents and career counsellors looking for ways to educate and support youth in their career exploration.

Learn More at:

- To find out more information about Find Your Fit, visit: www.findyourfittour.ca
- To learn more about WorkBC, visit: www.workbc.ca
- For more information on B.C.'s Skills for Jobs Blueprint, visit: www.workbc.ca/skills