

StrongStart Schedule

Mondays & Fridays
12:30pm-3:30pm
Wednesdays
4-7pm
Tuesdays & Thursday
8:45am-11:45am

Monday: Bubbly Babies and Friends
Tuesday: Gym Time
Wednesday: Family Nights
Thursday: Mother Goose
Friday: Mother Goose

StrongStart is funded by
Rocky Mountain School District 6 through a grant
from the Ministry of Education.



StrongStart is operated in partnership by
Rocky Mountain School District 6
&
Golden Community Resources Society.

StrongStart Program Location:
Room # 16
Alexander Park Elementary School
1000 14th Ave. South
Golden, BC
VOA 1H0

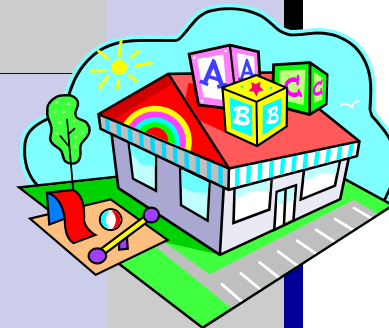


StrongStart Contact

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StrongStart Early Learning Centre



A FREE drop in
program for children
birth to 5 with their
parent or caregiver.

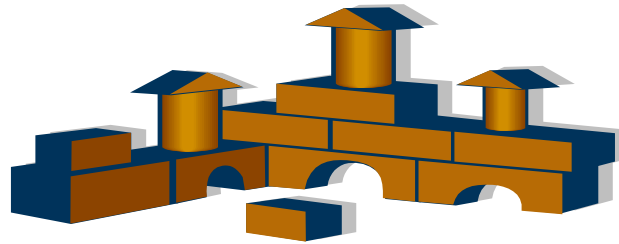
**At Alexander Park
Elementary School!**

What is StrongStart?

StrongStart is a school based early learning program. Any child from birth to age 5 is invited to participate along with their parent or caregiver. Under the guidance of an Early Childhood Educator children and their parent or caregiver will have the opportunity to play and learn together in a safe and welcoming environment.



*Nutritious snacks
are provided!*



The Importance of Play

We believe that play provides children with an opportunity to:

- Develop positive self esteem
- Express their feelings and ideas
- Relieve tension and frustration
- Use their imagination
- Become creative thinkers
- Explore, take risks and problem solve
- Learn about cooperation
- Learn acceptance and appreciate diversity
- Experience the physical and natural world
- HAVE FUN!

*StrongStart is a "drop in"
program, no registration is
required. You and your child are invited
to drop in as much as you like and as your
schedule allows!*

At StrongStart parents and caregivers can:

- Play with their child
- Socialize with other parents, caregivers and children
- Meet with an experienced Early Childhood Educator and other community support people
- Help their child prepare to enter the school environment
- Help maintain a safe and healthy program for their child to attend

You are your child's first teacher.



At StrongStart you and your child can:

- Play at the sand and water centres
- Pretend play and dress up
- Listen to stories and read together
- Learn fingerplays, songs and rhymes
- Climb, slide, run and jump outside
- Build with blocks
- Do crafts
- Play with playdoh
- Enjoy delicious, healthy snacks