



**DISTRICT PRACTICE 8850**  
**ALTERNATIVE DELIVERY IN THE**  
**PHYSICAL AND HEALTH EDUCATION**  
**CURRICULA**

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**DISTRICT PRACTICE:**

Boards of Education and Independent School Authorities should have procedures in place to enable students to address learning standards covered in this policy. Procedures should also be in place to ensure that students have met these learning standards.

There are several ways in which the preferences of students and their parents or guardians regarding alternative delivery can be accommodated. The following are some examples:

- Home instruction using a school-determined package of materials or other agreed-upon materials.
- Self-directed studies.
- Boards of education may also invite parents/guardians to propose means for alternative delivery.

**[POLICY 8850: ALTERNATIVE DELIVERY IN THE PHYSICAL AND HEALTH EDUCATION CURRICULA](#)**

**REFERENCES:**

Ministerial Order 295/95, the [Required Areas of Study in an Educational Program Order \(PDF\)](#) says that Physical and Health Education K-9 is a mandatory part of an educational program offered to all students.

Ministerial Order 302/04, the [Graduation Program Order \(PDF\)](#) sets out the graduation program requirements. Physical and Health Education 10 and Planning 10 can be taken to fulfill a portion of these requirements.

**ADOPTED: November 14, 2023**