



**POLICY 10250  
HEALTHY SCHOOLS**

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**POLICY:**

With a shared focus on healthy nutrition and physical activity, the Board of Education (“Board”) believes that parents/guardians, the community, and schools must work together to ensure that students have the best opportunity to learn and to develop healthy lifestyles.

The Board believes that schools should work with parents/guardians, Parent Advisory Councils and the community to educate students regarding the benefit of eating nutritious foods. It further believes that where food and beverage services are provided, nutritious choices must be offered.

The District and all schools in School District No. 6 (Rocky Mountain) will develop and implement practices consistent with the regulations set out in the district practice.

DISTRICT PRACTICE 10250 HEALTHY SCHOOLS

REFERENCES: [Dairy Foundation School Milk Program Canada's Food Guide \(Guidelines for Food and Beverage Sales in B.C. Schools \(2013\)](#) developed by Ministry of Education & Ministry of Health), [Fundraising can be Fun Raising, Community Nutritionists' Council of B.C.](#)

ADOPTED: April 11, 2006

Amended: October 9, 2007; October 14 2014; June 9, 2020