Learn about the protocols to follow if you have been in close contact with someone who has tested positive for COVID-19 by visiting Interior Health COVID-19 Exposure: What to do

Close Contacts

If you have been in contact with a person who has COVID-19, including up to two days before the person started to have symptoms or went for a COVID-19 test, you may be a close contact and may need to self-isolate.

Self-isolating as a close contact

Whether you need to self-isolate depends on your immunization status.

You are fully immunized

You received your second dose of Covid-19 vaccine seven or more days before coming into close contact with a person with COVID-19.

- You do not need to self-isolate
- Monitor closely for symptoms for 14 days

You are unimmunized or partially immunized

You have not been vaccinated with a second dose less then seven days before coming into close contact with a person with COVID-19

- You need to self-isolate for 10 days from the time of close contact
- Monitor closely for symptoms for 14 days

Seek urgent medical attention if you are having difficulty breathing, very high fever that cannot be managed at home, cannot drink anything or are confused.