

Southeast Kootenay Child Care Resource & Referral Monthly Bulletin



August 2025

**Your Community's Best
Source of Child Care
Information and Resources**

GENERAL OFFICE HOURS

Monday 1:00 pm - 6:00 pm

Tuesday - Thursday 9:00 am - 4:00 pm

Friday & Saturday 9:00 am - 1:00 pm

Please call the office at:

250-426-5677 or 1-800-661-2445

**prior to coming, in case of
unexpected office closures or
meetings, to avoid disappointment!**

SKCCRR STAFF

Program Coordinator

Frankie Seitz

Consultants

Shirley Jowsey

Rachel Drew

Susan Gilchrist

Funding for the CCRR is provided by the Province of British Columbia.

SKCCRR IMPORTANT INFORMATION

Important SKCCRR office hours for August

SKCCRR will be closed the
following days:

- Saturday August 2, 2025

Toy Lending Library

- Toy Lending Library Memberships are now due for the 2025 - 2026 borrowing year
- Please ensure that all items - including the bins (inside and out) are cleaned before returning.
- The checklists in the bins are for the borrowers to fill out before the toys are played with and again before they are returned. Please take the time to fill them out completely.

SKCCRR Presents:

Building Emotional Resilience in Early Childhood Educators

Presenter: Monica Chan



This workshop is designed to fortify emotional resilience in early childhood educators, recognizing the unique stresses and demands of their profession. It's crafted to empower educators with strategies, enabling them to navigate and manage the multifaceted challenges they face daily. Participants will learn techniques to identify stressors, develop adaptive coping mechanisms, and nurture a mindset that fosters stability and well-being. The focus extends beyond immediate stress relief, aiming to cultivate a sustainable practice of self-care and emotional regulation that enriches both their professional and personal lives.

When: August 18 2025

Time: 6:30 - 8:30 pm (MDT)

Location: Zoom

Cost: Free

To register: email skccrr@ccssebc.com

When registering please provide us with:

- Your full name for certificate purposes
- Email address
- Community you are from
- Whether you are registering as a Parent, Community Partner, or Child Care Workforce
- Program you work at

Monica Chan brings her diverse experience as a parent, educator, coach, and storyteller to her workshops, where she connects deeply with those who care for children. Her focus is on bridging the gap between research and real-world application, making complex developmental science accessible and actionable.

Participants in Monica's workshops feel truly seen and understood. She leads with vulnerability and meets everyone with compassion, creating a safe and supportive environment. Her sessions are known for their relatable content, blending humor with profound insights that often exceed participants' expectations. Attendees find themselves laughing, sometimes crying, but always leaving motivated and inspired.

Save the Date

**In person conference
with Laurie McIntosh**



When: October 4, 2025
Where: Prestige Rocky Mountain Resort, Cranbrook

**Watch for more
information coming soon!**

Some of the best lessons are anchored in the golden moments of kindness, connection, and community... and these are the moments that Laurie lives for.

With compassion and thoughtfulness, Laurie acknowledges and affirms the accomplishments of teachers and students through connection and relationship.

A cheerleader, storyteller, light bringer, and dreamer, Laurie McIntosh uses her twenty+ years in education to build connections and forge new paths.

With the stories of writing “Teachers These Days” with Dr. Jody Carrington, her appearances on The Ellen DeGeneres Show and The Traitors Season 2, and now a member of the Outside Pin Team with Dr. Shelley Moore, Laurie strives to build community to define and exemplify what it truly means to be a “teacher these days.”

Exploring the Early Learning Framework (ELF)

Invite Collaborative Dialogue Part 4 of 5

Invite comments, questions, and interpretations from children, families, colleagues, or community members. Try to elicit ideas about the children's thinking and learning that invite multiple perspectives. What theories are the children thinking with? What theories are adults thinking with? Ask about and discuss assumptions, values, and unquestioned understandings. Where do these come from? Whom and what do they serve or not serve?

With children:

Draw from ideas and thoughts from pedagogical narrations and continue in conversation with children. This is what is meant by “co-constructing knowledge” with children. Remembering the event or moment and retelling it and wondering more about it engages children and extends their thinking.



With colleagues:

With ongoing reflection of pedagogical narrations, dialogue with colleagues becomes richer and deeper, making both children's and educators thinking and learning visible. Through documenting what educators notice, they may begin to plan differently and think differently about what might be possible. It is also important to consider what is not being documented, and to critically reflect on what motivates pedagogical choices. Doing this regularly and collaboratively allows for ongoing exchange of ideas, invites multiple ways of seeing, can uncover biases, facilitates open conversation on biases, and can provide the support needed to shift practices that can lead to meaningful transformations.

Expanding an Idea:

Educators are not imposing their ideas on the children, but truly recognizing the children and their efforts. In a way, it is like viewing a child through new eyes. It is challenging to really listen and get to know a child anew and to resist previous ideas of who that child is. Through carefully and intentionally noticing children and what they do, educators have an opportunity to wonder at what they are seeing and hearing.



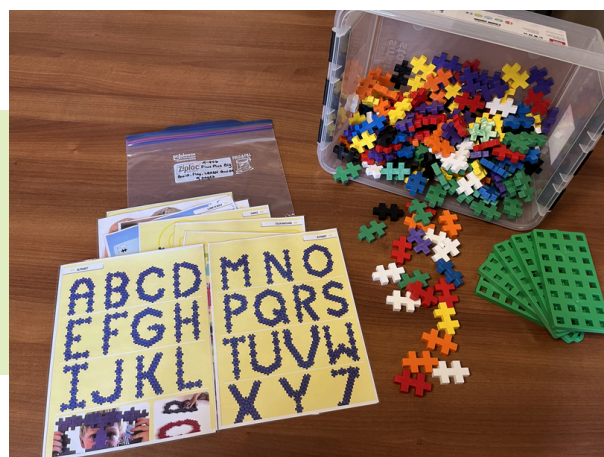
Features of the Month:

Simplesee Outdoor
Art Board
4-732 and 4-733



Animals Care for
Mother Earth set
4-585

Plus Plus blocks
4-446



Sit up Support Cushion
4-438, 4-111

Activity Ideas



<https://www.teachingexpertise.com/preschool/august-activities-for-preschoolers/>

<https://www.icanteachmychild.com/outdoor-tree-bark-rubbings/>



tree bark
rubbings



<https://www.simpleeverydaymom.com/watermelon-slime-recipe/>

<https://handsonaswegrow.com/art-ribbon-painting/>



Ktunaxa Language:

First Voices

<https://www.firstvoices.com/ktunaxa/>

k̓ci#miti#q̓#ikwaʔit - August
(fruit ripening during night)

<https://www.firstvoices.com/ktunaxa/searchq=august&domain=both&types=word%2Cphrase%2Csong%2Cstory>

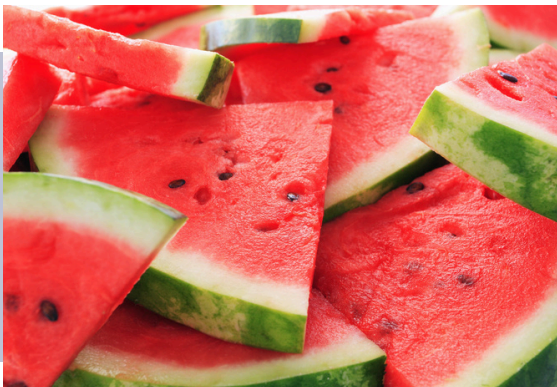


#awiya# - Huckleberry

<https://www.firstvoices.com/ktunaxa/searchq=huckleberry&domain=both&types=word%2Cphrase%2Csong%2Cstory>

h̓utmi#iʔitni- Its hot

<https://www.firstvoices.com/ktunaxa/searchq=hot&domain=both&types=word%2Cphrase%2Csong%2Cstory>



**kwi#kaquxmaqa / ka'kaquxmaqa -
Watermelon**

<https://www.firstvoices.com/ktunaxa/searchq=watermelon&domain=both&types=word%2Cphrase%2Csong%2Cstory>

Child Care Provider Outreach

August Outreach Information:

- Elk Valley Thursday August 7th
 - Cranbrook & area Tuesday August 12th
 - Kimberley & area Thursday August 14th
- * please note that all outreach is subject to weather and road conditions
-

If you have toys that are being returned, please ensure that they are clean/sanitized, and that the inventory checklist has been completed prior to pickup.



Find the SKCCRR toy library at:
<https://can.accessit.online/EST21>

Crafty Creations:
<https://www.flickr.com/photos/136469458@N07/albums/72157719629135450>





EARLY CHILDHOOD EDUCATION

Early childhood educators inspire young minds, every day! Prepare today to shape the lives that will shape the world.

Online:

- Early Childhood Education certificate
- Infant/Toddler and Special Needs Diplomas

In Class:

- Early Childhood Education and Infant/Toddler Diploma (2 year cohort)



Seats are available for September. *Apply now!*

250-489-2751

cotr.ca/programs/early-childhood-education

**COLLEGE OF
THE ROCKIES**

Services through SKCCRR

- **Monthly bulletin – includes up-to-date child care information, programming activity suggestions, and other resources.**
- **Consultation, monthly outreach, and support to all registered child care facilities/programs and the child care workforce - call us even just to chat, vent, brainstorm, and share ideas!**
- **Affordable Child Care Benefit application support (for both providers and families).**
- **Child care referrals.**
- **Professional development, networking, and training sessions for child care providers, child care workforce, families/caregivers, and community partners.**
- **Free toy/equipment/resource lending library.**
- **Information, resources and support in opening up a quality child care facility for Municipalities and Community Partners.**
- **Crafty Creations craft store – access to non-toxic, quality craft supplies.**
- **Community consultation, meetings and development.**
- **Laminating service every Tuesday - \$0.75 per linear foot.**
- **Early Years Teams supports.**

We gratefully acknowledge that the land on which we live, and work resides within the unceded traditional territory known as ʔamakís Ktunaxa, the homelands of the Ktunaxa Nation, while recognizing the Métis, Inuit and other Indigenous peoples who live here.



Community Connections
Community Connections Society of Southeast BC

Sponsored by Community
Connections Society
www.ccscranbrook.ca

MISSION: Enhancing the well-being of the diverse people
of our region

VISION: A recognized leader in providing a wide spectrum
of services that support individuals and families

Funding for SKCCRR is provided by the
Province of British Columbia contact 1-888-338-6622, option 4
or www.gov.bc.ca/ChildCareResourceReferralCentres



ChildCareBC

Funding for the CCRR is provided by the Province of British Columbia.



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Southeast Kootenay
CCRR



Have you heard of BC211?

® Connecting people to resources for help, where and when they need it.

We deliver information and referral services for community and government programs, including 211, VictimLink, and the Responsible and Problem Gambling Program. Find more information at: bc211.ca/

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